

Making Every Contact Count for Mental Health and Menopause



Designed by the Royal Society for Public Health in collaboration with Health Education England, this mental health and menopause promotion training seeks to develop knowledge, skills and confidence to integrate relevant messages and interventions into routine practise.

During the 2 learning hours of the programme, participants will be able to:

1. Review their knowledge of menopause
2. Reflect on the relevance of menopause for front-line mental health and wellbeing work
3. Discuss recognition of menopause and associated risks of missed diagnosis
4. Made action plans on what they can do to progress practice in their service / organisation

At the end of the programme all participants will receive a certificate of attendance with 2 continuous professional development (CPD) points.

For more information on this training session please contact me on alicia@bluesci.org.uk

“ I’m a menopause ambassador ”

#MECCforMentalHealth